



SOLID LUXURY

## PAMPERING NEAR ROSSIE OCHIL



### GLENEAGLES SPA

Your Spa experience at Gleneagles is not just reserved for treatments; from the moment you walk through the door the atmosphere with its custom design surroundings and relaxing music will help get you in the right frame of mind and ready for your treatments

**Location:** Auchterarder

**Phone:** 01764 694332

[VISIT WEBSITE](#)



### SENSES HEALTH & BEAUTY

At Senses we aim to create a unique and personal experience indulging the mind, body and soul and to offer the very best in beauty, relaxation and holistic treatments, using the highest quality products for your skin, health and beauty needs

**Location:** Ardrargie

**Phone:** 01738 851023

[VISIT WEBSITE](#)



### OLD COURSE SPA

Release stress, reconnect with family, friends, and most of all, with yourself, at Kohler Waters Spa. From soothing, water-inspired treatment rooms to our Deep Relaxation and Thermal Suite, Kohler Waters Spa provides well-being around every corner

**Location:** St Andrews

**Phone:** 01334 474371

[VISIT WEBSITE](#)



### BALLANTYNES

A four treatment roomed spa including a dual room which is great for you and friend or partner to be experience treatments together. Relax after your treatments in our beautiful relaxation room where you will have the ultimate peace and tranquillity

**Location:** Perth

**Phone:** 01334 844999

[VISIT WEBSITE](#)



### APEX YU SPA

Inspired by the ancient Japanese belief in the healing power of hot water, or "Yu," our Dundee spa provides relaxation, restoration and repose

**Location:** Dundee

**Phone:** 01382 309309

[VISIT WEBSITE](#)