



SOLID LUXURY

PAMPERING NEAR BALMEADOWSIDE



SUTHERLANDS HAIR AND BEAUTY

With over 59 years experience in the hair and beauty industry, Sutherlands Hair and Beauty prides itself on providing a top quality service for all your pampering needs

Location: Newport-on-Tay

Phone: 01382 542369

[VISIT WEBSITE](#)



SENSES HEALTH & BEAUTY

At Senses we aim to create a unique and personal experience indulging the mind, body and soul and to offer the very best in beauty, relaxation and holistic treatments, using the highest quality products for your skin, health and beauty needs

Location: Ardargie

Phone: 01738 851023

[VISIT WEBSITE](#)



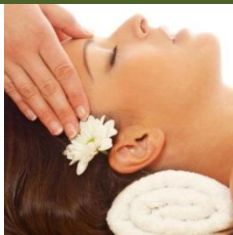
OLD COURSE SPA

Release stress, reconnect with family, friends, and most of all, with yourself, at Kohler Waters Spa. From soothing, water-inspired treatment rooms to our Deep Relaxation and Thermal Suite, Kohler Waters Spa provides well-being around every corner

Location: St Andrews

Phone: 01334 474371

[VISIT WEBSITE](#)



BLOSSOM BEAUTY

As well as the practicalities of waxing and nails we specialise in facials, massage and signature spa treatments exclusive to blossom

Location: Cupar

Phone: 01334 844999

[VISIT WEBSITE](#)



APEX YU SPA

Inspired by the ancient Japanese belief in the healing power of hot water, or "Yu," our Dundee spa provides relaxation, restoration and repose

Location: Dundee

Phone: 01382 309309

[VISIT WEBSITE](#)